

CB-BK WE2 2026: Session: 3: COACH evaluation sheet for TEAM: LZV

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Mieghem Evelien HEADCOACH

Coaches: Felies Jürgen

Coaches: De Gucht Nancy

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 20: 50M BACKSTROKE MEN 15+			Heat:10, starttime: 09:39
Heat: 10/13 Lane : 4 Athlete: GOOSSENS TORSTEN			Q-time: 00:29:11
PB (50m pool): 00:28.37 Antwerpen 12/02/2023			PB (25m pool): 00:27.34 SB: 00:29.11 Lago Kortrijk Weide 03/05/2026
PB	5 0 M		
	00:28.37		
	00:28.37		
			

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 15+			Heat:5, starttime: 10:37
Heat: 5/12 Lane : 6 Athlete: JACOBS ELLA			Q-time: 01:12:63
PB (50m pool): 01:12.28 ANTWERPEN 30/07/2023			PB (25m pool): 01:07.90 SB: no time
PB	5 0 M	1 0 0 M	
	no time	01:12.28	
	no time		
			

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 15+			Heat:2, starttime: 10:56
Heat: 2/22 Lane : 7 Athlete: VAN LAERE JUUL			Q-time: 00:59:83
PB (50m pool): 00:59.83 Lago Gent Rozebroeken 03/05/2026			PB (25m pool): 00:57.83 SB: 00:59.83 Lago Gent Rozebroeken 03/05/2026
PB	5 0 M	1 0 0 M	
	00:28.32	00:59.83	
	00:28.32	00:31.51	
			

Coach feedback:

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Event number: 26: 50M BREASTSTROKE MEN 15+			Heat:4, starttime: 11:51
Heat: 4/12 Lane : 5 Athlete: FELIES JARNE			Q-time: 00:32:88
PB (50m pool): 00:32.88 Aalst 26/04/2026			PB (25m pool): 00:32.41 SB: 00:32.88 Aalst 26/04/2026
	5 0 M		
PB	00:32.88		
	00:32.88		
			

Coach feedback:

Event number: 28: 200M MEDLEY MEN 15+					Heat:13, starttime: 12:54
Heat: 13/19 Lane : 2 Athlete: GOOSSENS TORSTEN					Q-time: 02:21:83
PB (50m pool): 02:21.83 Sportoase De Watermolen 24/05/2026					PB (25m pool): no time SB: 02:21.83 Sportoase De Watermolen 24/05/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:28.94	01:03.62	01:47.70	02:21.83	
	00:28.94	00:34.68	00:44.08	00:34.13	
					

Coach feedback: